

A photograph of an elderly woman with short, grey hair, sitting on a chair with a colorful, patterned backrest. She is wearing a dark-colored shirt with a vibrant floral pattern in shades of red, pink, and blue. The background is a plain, light-colored wall.

Title: A Soft Touch

Country: Canada

Year: 2025

Run Time: 20 mins

Shooting Format:
HD, Colour, 1.33:1 (4:3)

Screening Format:
DCP, ProRes, 5.1

OFFICIAL SELECTION

tiff50

TORONTO INTERNATIONAL
FILM FESTIVAL 2025

SYNOPSIS

Ellen, an 81 year old woman living in senior's housing and facing health challenges, is persuaded to lend a friend some money. When the friend then disappears, Ellen is forced to make a heartbreaking decision.



DIRECTOR

Heather Young is a filmmaker originally from Saint John, New Brunswick now based in Halifax, Nova Scotia. She made the short films HOWARD AND JEAN (2014), FISH (2016) and MILK (2017). Her first feature MURMUR (2019) premiered at the Toronto International Film Festival where it won the FIPRESCI Prize for the Discovery Programme and went on to win the Grand Jury Prize at the Slamdance Film Festival. Her second feature THERE, THERE (2024) premiered at the Vancouver International Film Festival and received a Special Jury Mention at Festival du Nouveau Cinéma in Montréal. Her latest film is the short A SOFT TOUCH (2025.)



LEAD CAST

ELLEN POTTIE

Ellen Pottie is an 81 year old woman living in Halifax, Nova Scotia. She is an active member of the Spencer House Seniors Centre. A **SOFT TOUCH** is her first experience acting in a film.



CAST

Ellen
ELLEN POTTIE

Friend at Bingo
EILEEN CARR

Bingo Caller
MICHAEL AL-MOLKY

Exercise Instructor
BRITTANY LAMBERT

Man Buying Scooter
MOHAMMAD ASHARI

CREW

Writer/Director/Producer/Editor
HEATHER YOUNG

Director of Photography
KEVIN FRASER

1st Assistant Director
MELANI WOOD

Sound Recordist
CORY SEWELL



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